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## STATEMENT OF THE CLAIMS

1. (currently amended) A process for stimulating collagen containing structures, the process comprising illuminating a target tissue structure with illuminating radiation causing elevation of temperature of the target tissue structure, the radiation dosed to the target tissue structure being of a controlled low level to induce an inflammatory response in the target tissue structure, wherein the energy density of the illuminating radiation delivered to the target tissue structure is has an energy density substantially in the range 2 to 20 Jcm<sup>-2</sup> and has a pulse duration of 350 μsec.

- 2. (original) A process according to claim 1, wherein the target tissue structure is illuminated directly, without the illuminating radiation passing significantly through extraneous tissue.
- 3. (original) A process according to claim 2, wherein tissue extraneous to the target tissue structure is bypassed.
- 4. (previously presented) A process according to claim 1 wherein the illuminating radiation exits illuminating radiation apparatus externally of a body of which the target tissue structure forms a part.
- 5. (previously presented) A process according to claim 1, wherein the illuminating radiation exits radiation apparatus internally of a body or organism of which the target tissue structure forms a part.
- 6. (original) A process according to claim 5, wherein the illuminating radiation exits illuminating radiation apparatus internally of the target tissue structure.

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7. (currently amended) A process according to claim 1, wherein the absorption of the

radiation by the target tissue structure at the controlled low level stimulates collagen

regrowth.

8. (previously presented) A process according to claim 1, wherein the illuminating

radiation dose is controlled to ensure that overdosing of the target tissue structure does

not take place.

9. (currently amended) A process according to any claim 1, wherein wavelength of the

illuminating radiation is selected such that there is at least some absorption by the target

tissue structure or tissue.

10. (previously presented) A process according to claim 1, wherein the illuminating

radiation is light, substantially in a wavelength bandwidth 400-1500nm.

11. (previously presented) A process according to claim 1, wherein the radiation

delivered is light, substantially in a wavelength bandwidth 500-1000nm.

12. (previously presented) A process according to claim 1, wherein the illuminating

radiation is of a discrete wavelength or relatively narrow wavelength bandwidth.

13. (previously presented) A process according to claim 1, wherein the illuminating

radiation is of a relatively broad band light source filtered to a discrete or relatively

narrow wavelength bandwidth.

14. (previously presented) A process according to claim 1, wherein the illuminating

radiation is laser radiation.

15. (previously presented) A process according to claim 1, wherein the illuminating

radiation is obtained from an LED.

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16. (previously presented) A process according to claim 1, wherein the illuminating

radiation is obtained from a broad band white light source.

17. (previously presented) A process according to claim 1, wherein a body tissue

structure is illuminated by means of direct external illumination of the body tissue

structure.

. . . .

18. (previously presented) A process according to claim 1, wherein the illuminating

radiation is directed into a body to be delivered to a site of an internal target tissue

structure.

19. (cancelled)

20. (previously presented) A process according to claim 1 for inducing a controlled

inflammatory response in at least one collagen containing structure selected from a group

consisting of:

bone

dentin

cartilage

uterus

large veins and arteries.

21. (currently amended) Apparatus for use in stimulating collagen containing

structures, which apparatus includes:

i) a source of illuminating radiation;

ii) means for directing the illuminating radiation to a target site, wherein energy

density of the illuminating radiation is has an energy density substantially in a

range from 2 to 20 Jcm<sup>-2</sup> and has a pulse duration of 350 µsec.

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(previously presented) Apparatus according to claim 21, wherein the means for 22. directing the illuminating radiation to the target site includes:

(a) focusing means; and

(b) an emitter portion through which the radiation is emitted in order to

illuminate the target site.

(previously presented) Apparatus according to claim 21, wherein the means for 23.

directing the illuminating radiation to the target site is configured to permit manual

manipulation enabling a zone of radiation impingement with the target site to be

manually altered.

24. (cancelled)

(currently amended) Apparatus according to claim 21, including pulsation means 25.

for pulsing the illuminating radiation at said pulse duration of 350 µsec, preferably

having a pulse duration substantially in a range from 1 microsecond to 100ms.

(previously presented) Apparatus according to claim 20, including scanning means 26.

for scanning the illuminating radiation over a target tissue structure.

(currently amended) An apparatus for delivering illuminating radiation to a target

tissue structure, the apparatus comprising:

an illumination source that produces a illuminating radiation having

a wavelength substantially within a range from 400nm to 1100nm and being i)

of a discrete or relatively bandwidth, and

an energy density within a range from 2 to 20 Jcm<sup>-2</sup>, and ii)

iii) a pulse duration of 350μsec; and

means for directing said illuminating radiation produced by said illumination

source to the target tissue structure whereby tissue extraneous to the target structure is

bypassed and an illuminating spot size substantially in the range from 1 to 10mm in

diameter is produced at the target tissue structure.